

## **Rules and Regulations for Hotel Fitness Centre**

## **Opening Hours:**

- The Gymnasium opens 24 hours daily.
- The Hotel has the right to suspend the use of any facilities at any time for the arrangement of maintenance or cleaning without prior notice.

## Access to Gym:

- People under 18 years of age must be accompanied by an adult.
- Access allowed just for people who are making use of the gym facilities.
- The maximum number of people who can be in the gym at the same time is two.
- It is mandatory to sign a consent form of good health of who is using the gym facilities.

## General Rules and Regulations:

- Persons using the equipment in the Gymnasium are responsible for their own safety.
- Smoking, eating and drinking (except water) is prohibited in the Gymnasium at all times.
- For the safety of all users, please refrain from preventing or interfering others' use of the equipment in the Gymnasium.
- For the benefit of all, it is requested that you return equipment to the corresponding place when finished.
- Please mute mobile phones while on Gym.
- Please do not speak loudly inside the Gym.
- Once you have finished your session, please leave the used towels in the drawer.
- Please lay a clean, dry towel on the surfaces of gym equipment in contact with your body and clean the equipment with the sanitizer after you have finished your session.
- In case of any doubt, complaints and emergency, we requested that you immediately contact the **Front Desk at number 9.**
- Please handle the equipment in the Gymnasium with care. Users are responsible for any damages to the facilities or equipment.
- Users are responsible for their own property and safety.
- The Hotel Management will take no responsibility for the loss, theft or damage of belongings brought into the Gymnasium by users.
- The Hotel Management will not be responsible for any loss, injury or death of anyone using the facility.

